

GUIDE TO LAMENTATIONS GUIDE TO LAMENTATIONS

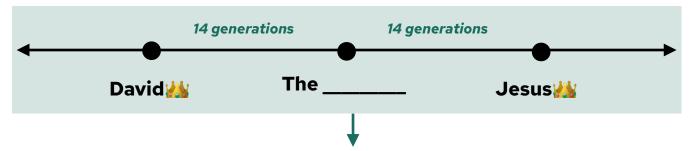




GUIDE TO LAMENTATIONS

ACTIVITY 1: WHERE IS LAMENTATIONS IN THE BIBLE STORY?

The Gospel of **Matthew** traces the history of the Old Testament, through Abraham to Jesus. Look up Matthew 1:17, and fill in the timeline with the missing event!



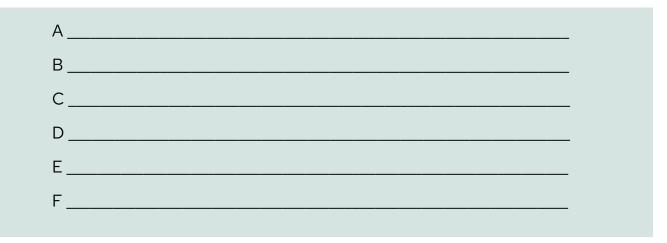
Exile means being removed from your land. Lamentations is a book written about the **destruction** of God's special city Jerusalem and **the exile** of God's special people, Israel.

How do you think God's people would've been feeling? Choose some words and an emoji.

ACTIVITY 2: A BIT OF POETRY

Open up your bible to the book of Lamentations. Lamentations is a set of _____ (write a number) chapters, each of which is a poem.

The poems are **acrostic**, which means each sentence starts with the next letter of the alphabet. Try write an acrostic poem yourself below. *If you want a challenge, write the poem about how God's people would've been feeling with their home destroyed.*



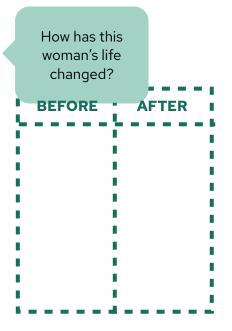
ACTIVITY 3: HAVE A GO READING LAMENTATIONS

LAMENTATIONS 1: CATASTROPHE

In this poem, the pronoun is "She" (Jerusalem). Circle each time it says 'She'.

Clue: This chapter describes the catastrophe which has happened to this woman of tears, who represents the city of Jerusalem.

- How deserted lies the city, once so full of people!
 How like a widow is she, who once was great among the nations!
 She who was queen among the provinces has now become a slave.
- 2 Bitterly she weeps at night, tears are on her cheeks.
 Among all her lovers there is no one to comfort her.
 All her friends have betrayed her; they have become her enemies.
- After affliction and harsh labor, Judah has gone into exile.
 She dwells among the nations; she finds no resting place.
 - All who pursue her have overtaken her in the midst of her distress.



Why is the woman weeping?

LAMENTATIONS 2: CAUSE

1

In this poem, the pronoun is "He" (God). Circle each time it says 'He'.



- How the Lord has covered Daughter Zion with the cloud of his anger!
 He has hurled down the splendour of Israel from heaven to earth;
 he has not remembered his footstool in the day of his anger.
- 5 The Lord is like an enemy; he has swallowed up Israel.
 He has swallowed up all her palaces and destroyed her strongholds.
 He has multiplied mourning and lamentation for Daughter Judah.

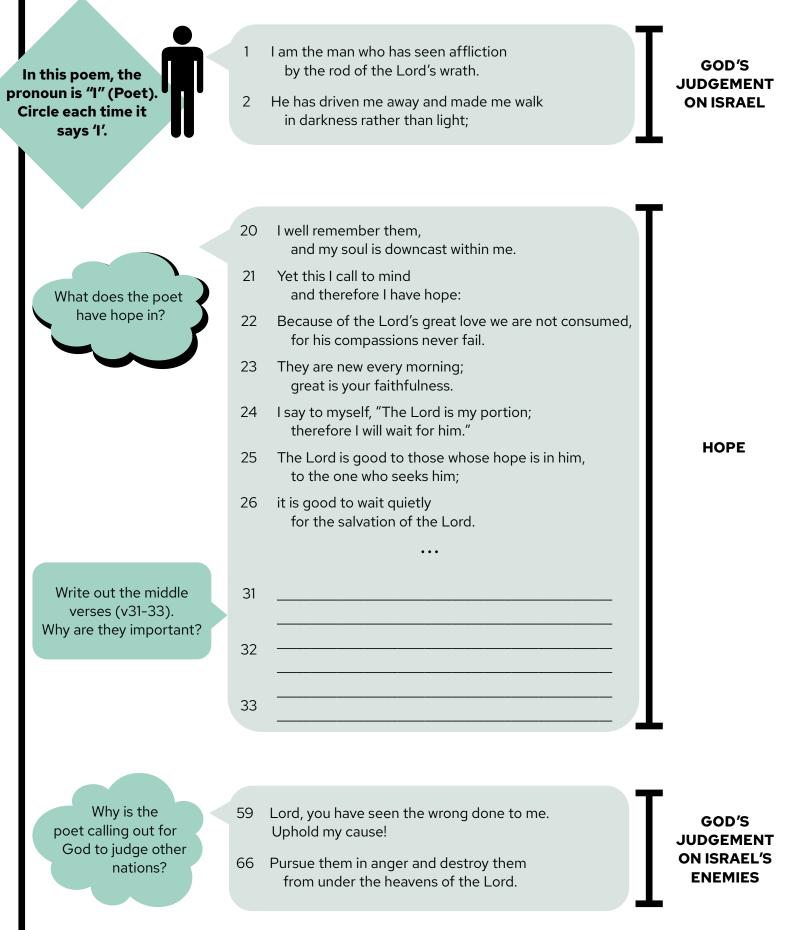
Think hard: This chapter says God is **like an enemy.**

When we sin now, does God treat us like his enemy?

Clue: Think about Jesus!

LAMENTATIONS 3: CURE

In Lamentations, the middle is very important, because we see God's cure for the catastrophe. Read Lamentations 3:31-33.



LAMENTATIONS 4: CONSEQUENCE

In this poem, the pronoun is "They" (Israel). Circle each time it says 'They' or 'those'.

- Those who once ate delicacies are destitute in the streets. Those brought up in royal purple now lie on ash heaps.
- 6 The punishment of my people is greater than that of Sodom, which was overthrown in a moment without a hand turned to help her.

Clue: The poet describes the reason for Israel's suffering as the punishment of God.

Draw what life was like in the exile...

LAMENTATIONS 5: CRY

5

In this poem, the pronoun is "We" (God). Circle each time it says 'We' or 'us'.

- 19 You, Lord, reign forever; your throne endures from generation to generation.
- 20 Why do you always forget us? Why do you forsake us so long?
- 21 Restore us to yourself, Lord, that we may return; renew our days as of old
- 22 unless you have utterly rejected us and are angry with us beyond measure.

Circle all the words that begin with the letter 'R'.

Now, think about the big bible story. How does God **restore**, **return** and **renew** his people? **Pray:** Thank God that Jesus took God's anger for us, and that Jesus will return with the New Jerusalem (= "heaven").